



BREAKFAST MENU

Selection of Fruit Juices

Any selection of the following:
Selection of Breakfast Assorted Cereals
Freshly Made Pastries
Fresh Fruit
Orange and Grapefruit Segments
Yogurts

Any selection of the following:
Kipper Fillets
Open face Omelette
Grilled Bacon
Grilled Sausages
Grilled Tomatoes
Hot Buttered Toast with Preserves

Tea, Coffee or Juice



SAMPLE LUNCH MENU

Homemade Cream of Mushroom Soup
or
Minestrone

Roast Beef and Caramelized Onions
Served with Roast Red Bliss Potatoes and
a selection of seasonal vegetables

Homemade Upside Down Apple Pie
or
Your Choice of Fresh Fruit or Ice-Cream

Tea, Coffee or Juice



SAMPLE DINNER MENU

Choice one

Green Salad with Cucumber, Tomato and Onions

Grilled Vegetables Salad

Chef's Mixed Grill

or

Salmon Salad on Romaine Lettuce

or

Selection of Sandwiches Vegetarian, Chicken, or Roast
Beef

Chocolate or Vanilla Pudding with Cream

or

Your Choice of Fresh Fruit or Ice-Cream

Tea, Coffee or Juice
